# NOVENA FOR THE ENTHRONEMENT OF THE SACRED HEART Preparation Phase

The Fathers of Vatican II called the family "domestic church" (Lumen Gentium no. 11), a term Pope John Paul II (Familiaris Consortio no. 21) and the Catechism (nos. 1656, 2204, and 2685) continue to use. Pope John Paul II also urges the family to become "true centers of evangelization" and contends that the family needs special pastoral care now when it is "experiencing a radical and widespread crisis" (Ecclesia in America no. 76 and Novo Millennio Ineunte no. 47).

# DAYS 1 through 6

- ♥ Recite the Rosary
- ♥ Recite the Litany of the Sacred Heart

Lord, have mercy on us. Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us. Christ graciously hear us.

God the Son, Redeemer of the world.....

God the Holy Spirit.....

Holy Trinity, one God.....

Heart of Jesus, Son of the eternal Father.....

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mary.....

Heart of Jesus, substantially united to the Word of God.....

Heart of Jesus, of infinite majesty.....

Heart of Jesus, sacred temple of God.....

Heart of Jesus, tabernacle of the Most High.....

Heart of Jesus, house of God and gate of heaven....

Heart of Jesus, burning furnace of charity.....

Heart of Jesus, abode of justice and love....

Heart of Jesus, full of goodness and love.....

Heart of Jesus, abyss of all virtues.....

Heart of Jesus, most worthy of all praise.....

Heart of Jesus, king and center of all hearts.....

Heart of Jesus, in whom are all the treasures of wisdom and knowledge.....

Heart of Jesus, in whom dwells the fullness of divinity.....

Heart of Jesus, in whom the Father was well pleased.....

Heart of Jesus, of whose fullness we have all received.....

Heart of Jesus, desire of the everlasting hills.....

Heart of Jesus, patient and most merciful.....

Heart of Jesus, enriching all who invoke you.....

Heart of Jesus, fountain of life and holiness.....

Heart of Jesus, propitiation of our sins.....

Heart of Jesus, loaded down with opprobrium....

Heart of Jesus, bruised for our offenses.....

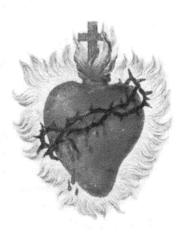
Heart of Iesus, obedient unto death.....

Heart of Jesus, pierced with a lance.....

Heart of Jesus, source of all consolation....

Heart of Jesus, our life and resurrection....

Heart of Jesus, our peace and reconciliation.....



Heart of Jesus, salvation of those who trust in you.....

Heart of Jesus, hope of those who die in you.....

Heart of Jesus, delight of all the saints.....

Lamb of God, Who takes away the sins of the world, spare us, O Lord!

Lamb of God, Who takes away the sins of the world, graciously hear us, O Lord!

Lamb of God, Who takes away the sins of the world, have mercy on us.

Jesus, meek and humble of Heart, make our hearts like unto yours.

# ♥ Let Us Pray

Lord God, give us the strength and the love of the Heart of your Son, that by becoming one with Him, we may have eternal salvation. We ask this through our Lord Jesus Christ, your Son who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

# ♥ Daily Prayer

O Christ Jesus, in union with the entire Christian community, I acknowledge you to be King of the universe; all that has been made is created by you. Exercise over me all your sovereign rights. I hereby renew the promises of my Baptism, renouncing Satan and all his works and empty promises, and I promise to lead henceforth a truly Christian life. Divine Heart of Jesus, I offer you my poor actions to obtain acknowledgement by every heart of your sacred kingly power. May the kingdom of your peace be firmly established throughout the earth.

Most Sacred Heart of Jesus, your kingdom come through Mary!

Sacred Heart of Jesus, protect our families!

Immaculate Heart of Mary, queen of heaven and our home, pray for us!

St. Joseph, friend of the Sacred Heart, pray for us!

St. Michael, first champion of the Kingship of Christ, pray for us!

Guardian Angels of our family, pray for us!

## DAYS 7 through 9

Triduum (replaces the full Rosary and Litany)

**DAY 7:** To the Heart of Our King, Jesus of Bethlehem

- ♥ Read Luke 1:26-38; Luke 2:1-20; and Matthew 2:1-12
- ♥ Rosary (Third Joyful Mystery only)
- ♥ Let Us Pray

Sacred Heart of Jesus, we salute you, for you are the King of Kings, the Ruler of families and nations. But sad to say, in many nations, you have been dethroned and rejected. This is mainly because you were dethroned in many families of which the nations are composed.

Loving Master, we want to make up for this insult to Your Divine Majesty by lovingly enthroning you as King of our family. Like Mary and Joseph, like the shepherds and the three kings, we want to give you a royal welcome as they did when they adored you in your humble home in Bethlehem. Like them, we have no royal throne to offer you, but we can and will offer something even more pleasing to you. In our home, your throne will be a living throne: the loyal hearts of the members of this family; your royal crown: our acts of love.

O Mary, queen of our home, by your loving submission to the will of God in all things, obtain for us the grace never to sadden the Heart of our King by willful disobedience of His commandments or those of His Church. May it be said of us what the Gospel said of Jesus, "He

was subject to them." Good St. Joseph, guardian of our family, help us to make our Enthronement the beginning of a new life of love in our home. Through the presence of the Sacred Heart of Jesus in our family circle and through your powerful intercession, may we receive the grace to know our King more personally, love Him more ardently, and thus serve Him more faithfully. Amen.

## ♥ Daily Prayer

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Most Sacred Heart of Jesus, your kingdom come through Mary!
Sacred Heart of Jesus, protect our families!
Immaculate Heart of Mary, queen of heaven and our home, pray for us!
St. Joseph, friend of the Sacred Heart, pray for us!
St. Michael, first champion of the Kingship of Christ, pray for us!
Guardian Angels of our family, pray for us!

♥ Sing or play an appropriate hymn.

**DAY 8:** To the Heart of Our Brother: Jesus of Nazareth

- ♥ Read Luke 2:40-52
- ♥ Rosary (Fifth Joyful Mystery only)
- ♥ Let Us Pray

Dear Jesus, Son of God, when we call you "Brother," we speak the truth for you are indeed just that. John told us so when in his Gospel he wrote, "But to as many as received Him, He gave the power of becoming sons of God." Therefore, we are your adopted brothers and sisters and coheirs of heaven. And since you are a King, we have the privilege of being members of a royal family, as were Mary and Joseph. How honored we will be to have our Brother King come to dwell in our humble home in order to share our joys and sorrows! Once you are enthroned in our family, we will understand as never before the meaning of the words, "And the Word was made flesh and dwelt among us." No longer need we envy Mary and Joseph at Nazareth, for your abiding presence in our home will make our family another Nazareth wherein we will vie with one another in giving proof of our love. We will do this especially by the practice of family charity: trying to love each other as you love us and to build a more just world in solidarity with the poor.

O Mary, queen of Nazareth and Mother of Jesus, obtain for us the grace to appreciate the presence of Your Divine Son enthroned in our home. Grant us a greater love for Jesus ever present in the Blessed Sacrament, a deeper love for the Holy Sacrifice of the Mass, a more ardent longing to unite ourselves as often as possible with our loving Savior in Holy Communion. Good St. Joseph, you were privileged to share the joys and sorrows of your foster son at Nazareth. Teach us how to share our everyday joys and sorrows here on earth with our Brother, Jesus, so that one day our entire family may join you and Mary in sharing the joys of heaven. There we will see our King and Brother face to face and with your love adore, thank, and praise Him for all eternity. Amen.

## ♥ Daily Prayer

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actions to obtain acknowledgement by every heart of your sacred kingly power. May the kingdom of your peace be firmly established throughout the earth.

Most Sacred Heart of Jesus, your kingdom come through Mary!
Sacred Heart of Jesus, protect our families!
Immaculate Heart of Mary, queen of heaven and our home, pray for us!
St. Joseph, friend of the Sacred Heart, pray for us!
St. Michael, first champion of the Kingship of Christ, pray for us!
Guardian Angels of our family, pray for us!

♥ Sing or play an appropriate hymn.

DAY 9: To the Heart of Our Friend: Jesus of Bethany

- ♥ Read Luke 10:38-42; John 11:1-35
- ♥Rosary (Third Joyful Mystery only)
- ♥ Let Us Pray

"My delight is to be with the children of humankind." These words from the Book of Proverbs were certainly spoken about you, dear Jesus, Who came down to share our exile here below. You delight in being with us because we need you and you are our best Friend. You love all without exception: saints and sinners, the rich and the poor, the learned and the uneducated. You love all races, all peoples, but above all you love all families. You proved that love by spending thirty years in your home in Nazareth, and during your public life, many times you accepted invitations to visit families. You even told Zacchaeus the sinner that "I must stay in your house today." But there was one family for whom you had a special love, that of Lazarus, Martha, and Mary. How many times did you stay in that beloved family at Bethany! It was there you found rest and solace after the fatigue of your labors and the insulting attacks of your enemies. At Bethany, you were always received as a royal Guest, but also you were treated as a Brother and Friend. Dear Jesus, once you are enthroned in our home, we too want to be your true friends. We want you to feel at home with us. We will try to console you for those who do not love you. We will serve you like Martha; listen to you like Mary; and thank you like Lazarus. We feel confident that you will richly bless our family and all those families who invite you into their homes. And, if there are in our home prodigal sons or daughters, lost sheep, sinners dead to the life of grace, we know that you will say to them as you did to Zacchaeus, "Today salvation has come to this house." You will be to them a loving Father, a Good Shepherd, a Divine Physician, for you are "the Resurrection and the Life." O Mary, Mother of our best Friend, and St. Joseph our patron, obtain for us the grace to make our home a true Bethany for the Sacred Heart. May our friendship with Jesus be loving, loyal, and lasting. May our daily living with our King and Guest bring about a closer union of hearts, of minds, and of wills so that our entire family united with the Heart of Jesus here on earth may remain united with Him and the Father and the Holy Spirit in our true home heaven, for all eternity! Amen.

#### ♥ Daily Prayer

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St. Joseph, friend of the Sacred Heart, pray for us!

St. Michael, first champion of the Kingship of Christ, pray for us! Guardian Angels of our family, pray for us!

♥ Sing or play an appropriate hymn.

#### OTHER PREPARATIONS

Plan to receive the Sacrament of Reconciliation and celebrate the Eucharist before or on the day of the Enthronement Ceremony, have images blessed by a priest in advance, prepare a place of honor in the home for the Sacred Heart image and a place for the Marian image. This place of honor will be your family prayer place as you live out your covenant of love. Fireplace mantles or wall tables are ideal since there is generally room for a Bible, rosaries, candles, flowers and pictures of loved ones.

#### **GENERAL INFORMATION**

# Requests of the Sacred Heart to St. Margaret Mary

- ♥Acknowledge Jesus as your King
- ♥Place an image of the Sacred Heart in your home
- ♥ Consecrate your heart to the Sacred Heart of Jesus
- ♥ Make reparation to Jesus for indifference and hostility to Him
- ♥Live a life of love and confidence in Him
- ▼ Make the Sacred Heart of Jesus better known and loved
- ◆Increase devotion to the Holy Eucharist
- ♥Celebrate First Fridays

#### Essential Elements of Devotion to the Sacred Heart

- ♥Worship of Jesus as the Sacred Heart
- ♥Belief in the merciful love of Jesus
- ♥Generous return of love to Jesus
- ♥Reparation for offenses against Jesus, particularly on First Fridays
- ♥Special love and reverence for the Blessed Sacrament

#### The Twelve Promises of the Sacred Heart

- ♥I will give them all the graces necessary for their state of life.
- ♥ I will establish peace in their families.
- ♥ I will bless every home in which an image of My Heart is exposed and honored.
- ♥ I will console them in all their difficulties.
- ♥ I will be their refuge during life and especially at the hour of death.
- ♥ I will shed abundant blessings upon all their undertakings.
- ♥Sinners shall find in My Heart a fountain and boundless ocean of mercy.
- ▼Tepid souls shall become fervent.
- ♥ Fervent souls shall rise speedily to great perfection.
- ♥ I will give to priests the power of touching the hardest hearts.
- ◆Those who propagate this devotion shall have their names written in My Heart never to be blotted out.

▼I promise you, in the excessive mercy of My Heart that My all-powerful love will grant to all who communicate on the First Friday of the month for nine consecutive months the grace of final penitence; they shall not die in My displeasure nor without their last Sacraments: "My Divine Heart shall be their safe refuge in this last moment."

#### THE ENTHRONEMENT AS A WAY OF LIFE

In order to keep the Enthronement covenant alive, the following prayers and practices are recommended for the family:

## Daily Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sorrows of this day, for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for sin, for the intentions of all my friends and associates, and in particular for the intentions of the Holy Father.

# Daily Covenant Renewal

Dear Sacred Heart of Jesus, we renew our pledge of love and loyalty to you. Keep us always close to your loving Heart, and to the most Immaculate Heart of your Mother. May we love one another more each day, forgiving each other's faults as you forgive us our sins. Teach us to see you in the members of our family and those we meet outside the home, loving them as you love them, especially the poor and oppressed, that we may be instrumental in bringing about justice and peace. Please help us carry our cross daily out of love for you and help us strengthen this love by frequent participation in the Celebration of the Eucharist. Thank you, dear Jesus, for all the blessings of this day. Protect us and all families during this night. Help us to live that we might get to heaven.

Most Sacred Heart of Jesus, Thy Kingdom come! Immaculate Heart of Mary, pray for our family! St. Joseph, friend of the Sacred Heart, pray for us! Our patron saints and guardian angels, pray for us! Amen.

#### Recommended Practices

- ♥Celebration of the Eucharist, as often as possible and especially on Sundays
- ♥ Faithful use of the Sacrament of Reconciliation
- ♥Scripture Reading
- ♥ Spiritual Reading
- ♥ Holy Hours in the Home and Eucharistic Adoration in church.
- ♥ Monthly First Friday and First Saturday celebrations
- ♥ Celebration of Solemnities or Feasts of the Holy Body and Blood of Christ, Sacred Heart, Immaculate Heart of Mary, and Christ the King
- ▼ Make a difference for Christ in society

